1. Describe a good thing that can help improve your health

Honestly speaking, I have a great affection for mastering a musical instrument, especially playing the cello. Compared with doing sports activities, playing the cello does not enhance my physical health, but it is a good thing that can cultivate my soul, another way to improve my health. To tell you the truth, when I was a kid, I always attended training classes to learn the skills of play the cello. Thus, playing the cello gradually became one of my hobbies, then a habit. Whenever I play it, it will calm me down and let me to a world out of this world. I easily carry away without trace. Personally speaking, I believe, relaxation is what I could get out from such a habit. Well, you see, I am only a student, and I have to cope with all sort of hard work or even trial things, but whenever I pick up the cello, I could feel much more soothed and relieved.

2. Describe your favorite season or time in the year

Well, the four seasons are distinct in most regions of China. And among them, autumn is my favorite season. There are many reasons I like it. Firstly, it is temperate season, that's to say, it is neither too hot nor too cold in autumn. Since Wuhan City is famous for its sweltering weather in summer, this makes autumn precious and pleasant. Secondly, it is a good time to do some outdoor activities or sightseeing. Many people in Wuhan make full use of this golden season to go camping and hiking. Beside, autumn is also a colorful season with harvest, so I can enjoy so many tasty pineapples and grasps. To tell you the truth, at this time every year, I will go to the orchard to pick apples, pears and oranges. Most people always keep in good mood in this season. Actually, it is the most popular season in our city.

3. Describe an electrical appliance you want to buy

I want to have an MP3, coz I think it will be the most functional electric equipment. At first, I can use it to listen to music. Since I am crazy about hip-hop, I have downloaded many songs from the website and store them in my MP3. When I have free time, I'd like to listen to them. Later, I will utilize some other useful functions of the MP3. Since it can record and play the voice. I can use it to record my spoken English. And then, I listen to it frequently to identify the grammatical mistakes I have made in my oral English. By doing this, I think I will achieve a great improvement in my English. Besides, I can also use it as a removable disk. Thus, I can copy some of the useful documents in my study from school computers. Based on the above benefits I have mentioned, I am eager to own an MP3.

4. Describe a famous person that you admire

I would like to talk about the late Mr. Qian Xuesen. He was honored the father of rockets and missiles in China, coz he had made great contributions to the development of modernization, especially in the field of aerospace and national defense. It was in the history class when I was a pupil that I learned of him. From then on, he became a hero in my heart. Well, you see, when the People's Republic of China was founded in 1949, our motherland needed plenty of talented

people to afford the burden of construction. Under this circumstance, Qian Xuesen immediately made up his mind to come back to devote what he had learnt abroad to the construction of new China. But American made every effort to prevent him going back, and provide him with a lot of material conditions, so as to persuade him to remain in America. Due to his determination, he tried his best and finally succeed in coming back, and made much contribution to the research on rockets and missiles.

5. Describe the ideal home that you would like to live in

My ideal house is one located in the countryside, and it would be just like an average house, nothing too fancy. I want to live close to the nature coz I can enjoy fresh air and feel relaxed in that environment. It would be a two-storey house built along a smooth blue lake, sometimes with gentle waves. Inside, there are a couple of cozy bedrooms, a bright living room, a well-furnished kitchen, and some bathrooms. I will equip the kitchen with a lot of modern appliances, such as a fridge, a dishwasher and a microwave. In the living room, there are some armchairs, a sofa, a table and something like that. And TV is a must in the living room. Then the bedrooms is furnished with beds, desks and stereo system. So, it is the one have been dreaming of.

6. Describe a life change you would like to make to your job of study

No doubt about it, everyone of us may experience some changes in his or her life. It seems to me that the most unforgettable change happened 4 years ago. At that time, I just completed my senior high school and was admitted into a university far from my hometown. To be frank, my parents did not want me to study in other cities, coz I was the only child in my family. They worried whether I could live independently. They kept on persuading me to choose one close to my home. But I though I was cohered and just need some challenges. I told them that I was fully confident with myself. After many talks and even arguments, I really convinced them by my strong mind and selected a university far from my hometown.

7. Describe a library

Although I have been to many libraries, the one that has given me the deepest impression is Wuhan Library. Wuhan Library is located in the heart of downtown of Hankou.

The library contains a large amount of books, approximately 5 million. It is regarded as the largest library in China. According to the latest report, the books there can be classified for 5000 categories. Many of them are extremely rare and out of edition. I have been to Wuhan Library for several times when I was a freshman. The library is supposed to be a perfect combination of modern technology and traditional culture. You may find modern computer equipment around each corner of the library. They are designed for people who'd love to check the latest information.

I especially enjoyed the comfortable seats there, and the reading conditions are very desirable. But it is too far away from my home.

8. Describe your favorite type of clothing or jewelry

I still remember a suit of school uniform, which is indelible in my memory. When I was in the kindergarten, there was a primary school near it. Every day, when I played with other kids I could see many students wearing in uniform studying in the school. The uniforms looked like sport suits. The upper was of blue with some white stripes on the sleeves. The trousers were in white. It seemed to me that the uniform was very attractive and I always dreamed to be one of the pupils and wore the same uniform as them. Then, two years later, I really became one of the primary school students and got a suit of uniform. I dressed in it every day no matter in school or home. To me, it was not just clothes but a kind of indication, which showed that I was a formal students in an academic school. And I could always feel that I was growing up with it.

9. Describe a traditional Chinese festival

Just like you have Christmas in western countries, we Chinese hold spring festival to celebrate our Chinese new year. It takes place on the first day of our lunar calendar, and the most exciting night is the Eve. On the Eve, there usually is a family re, and all families will be sitting around the same table in our grandpas', feasting, toasting and chit-chatting. We will all be watching TV waiting for the coming of the New Year. At 12 sharp, we Chinese "guonian". "guo" in English means to drive away, and "nian" is the name of a horrible creature in our Chinese fairy tale that visits our land once a year destroying our homes devouring our crops. That's the main reason why we Chinese will let out fire works and crackers. Later on after that, we visit our friends and fellow workers, to send our best regards for the coming New Year. The old will seal money into red pockets making "lucky money" and hand out the kids to make their growing up one year older.

10. Describe your hometown

Well, I was born in Wuhan, the capital of Hubei Province, which is situated in central part of China, and is divided by the nationality famous Yangtze River into three districts, namely Wuchang, Hankou and Hanyang.

Education is well-developed in Wuchang, as you may find most of universities and colleges, such as Wuhan University, Huazhong Normal University, Huazhong University of Technology and Science and Wuhan University of Technology.

Hankou is the most prosperousand bustling of the three, if you are a new comer here, a shopping nut, Hanzheng Street and Jianghan Road would be my first and foremost recommendation.

While, Hanyang used to be the centre of assembly industry in central China, but nowadays, IT industry and antipollution industry are developing at a fancy speed.

11. Describe a small shop

Recently, I have seen a very unique shop. It is a bookshop located in a small street near Zhongnan Road. From the outside, it looks like other houses near it. Inside the shop, is there an altogether world. The ceiling and the walls are painted in light blue with some white circles as decoration. There are some shelves along each side of the wall. While, in the middle of the room, there lies a big desk, and some chairs are put around it. Customers are free to read books there even if they buy nothing. The classical music is played from an old gramophone. If requested, the assistant will offer you a glass of mineral water. I especially like this shop because of its peaceful environment. Besides, its good treatment to customers also attracts me a lot.

12. Describe a river/lake

When I was studying in Harbin at the age of 11, I used to go to Songhua River for relaxation on weekends. Songhua River is named for the beautiful pines and flowers along either bank of it. In different seasons, the river shows varied characters. Spring is a comfortable time for people living there. Trees turn green and the river is peaceful. People would like to fly kites, read books and go boating there. Summer is full of passion. Many people swim in the river and enjoy sunbath on the bank. Autumn is a beautiful season. In the middle of the river, there lies an island named Sun Island. People can fish there and have barbeques. The most attractive season for the river is winter. After heavy snow, the whole river will turn white. At the temperature falls below zero, the water may freeze, which enables people to skate on the ice. I have really experienced good time there.

13. Describe a trip

Last month, together with some of my classmates, I went to Suzhou City. On our way there, we were of great excitement because that was our first trip to that renowned city. We have made a perfect plan on where to go sightseeing and what local snacks to taste. On arriving at the city, we drove directly to the most famous garden of the city, Zhouzheng Garden. We spent the whole morning there and took many photos. At lunch time, we went to a local restaurant and tried traditional Su dishes. During afternoon, we climbed a little hill named Huqiu. It was very peaceful and beautiful. Each of us couldn't help sitting on the grass and experienced the gentle breeze. After the sunset, we were reluctant to leave. On the way back, none of us felt tired and compared our feeling about the day. Each of us dreamed about another trip in the near future.

14. Describe your living place

My ideal house is one located in the countryside. I want to live close to nature, because I can enjoy fresh air and feel relaxed on weekends. I want it to be a two-storey house built on a green-covered mountain, facing a blue lake. A path lined by bushes and flowers leads the way to the front door. And around the house there are apple and cherry trees. I really care about my bedroom, where I am going put in a king size bed. The sitting room was on the second floor with a balcony facing the sea. I fancied that house at the first sight, and it was the one I had been

15. Describe your study room

In my home, my preferable room is the study room. I painted my study room in light green which is seen as good to eyesight. I use a red carpet to decorate the floor, because red is my favourite colour. It represents passion and youth. At one corner, there is a piano. In my spare time, I always like to play it and refresh myself. A bookcase made in wood is placed right beside the piano. I put nearly 200 books on the shelf in the order of alphabetical order. By reading them every night, I have greatly enhanced my knowledge. As well as reading books, I'd like to play some light music with m stereo which is put on the floor directly. I have a three-dimensional CD rack sent by my friend. It can take as many as 100 CDs, I especially enjoy picking up new CDs from the CD shop to cram it. Now, I have nearly 80 CDs. Well, that's my study room, not very large but gentle indeed.

16. Describe a restaurant

My favourite restaurant is named Jiulong, which is located in the heart of downtown Wuchang. Since it is not very far from my home, my family usually goes there for special dishes. Honestly speaking, I have a great affection for Chinese traditional dishes. And the restaurant is famous for Chinese traditional dishes. Among them, I admire well-done duck with bean sauce best. Every time I dine there, I will taste it. It looks inviting, smells refreshing, tastes bitter first, sour later, then a little salty, and a unique spiciness remains at last. Although the Chinese traditional dishes is a little expensive in Jiulong, the price of the other dishes served in the restaurant is much lower than other restaurant. That is why many people dinning there. The waiters and waitress are quite responsible and very friendly, which will make you feel comfortable and ease. As to the reason why I like this restaurant most, I will say the price is quite reasonable. Besides, the taste and the quality of service is excellent.

17. Describe a childhood song or melody

I would like to talk about a song which was very popular, when I was a kid. Even now, I could hear it was played in the kindergartens. Although I could not remember the name of song, I am very familiar with the melody and the lyrics. The lyrics tell a short story about thee monks. Once there were three monks living in a temple at the top of a mountain. But none of them would like to go down the mountain to carry water. One night, a fire suddenly broke out. In this emergency circumstance, the three monks had to cooperate to put out the fire. From then on, they realized the importance of cooperation, and took turns to carry water from the foot of the mountain, and lived a happy life. The song is used to teach the kids to realize the importance of cooperation. And the lyrics are well-written. Kids can understand it deeply even if they are only three years old.

18. Describe a film/your favourite film

I watched a movie called "A world without thieves" when I was a freshman. One of my favourite stars, Liu Ruoying, acts the leading role in it. This is a reason I love the film. Beside, the plot is thrilling and funny.

The story took place on a train. Liu and her boyfriend were both living by stealing. This time they didn't steal, but to protect a young man from being stolen. Since Liu was going to give birth to the baby, they did this to accumulate virtue for their baby. Finally, they succeed, and the young man was safe to arrive with his money. But Liu's boyfriend died in the contest with another thief. When he was dying, he sent a short message to Liu, saying "Wait for me, and give birth to my baby."

Two month passed, the police she had met on the train told her the truth. On hearing this, she couldn't help weeping. Every time I watched this scene, I would be moved by the love between Liu and her boyfriend.

19. Describe a shopping centre

Nowadays, there are many shopping centers in Wuhan, such as Qunguang Plaza, Xinshijie Department Store and SOGO. Among them, I like Wuhan Plaza best. It is located right in the heart of downtown Hankou, and is just a stone's throw away from Zhongshan Park, a famous park named after Sun Zhongshan.

Wuhan Plaza is fifty storey's high and the outside looks really gorgeous, with a couple of statues in front of it. I am fascinated by this mall, coz every conceivable kind of goods are sold there, from daily goods to mobile phones and from domestic produces to foreign produces. When we get to the plaza, we are treated warmly. The shop assistants great us friendly and always help us find us find what we want. But the price is high. If there was something on sale, the price would be reasonable. I like shopping in it, coz it often holds promotions and has some giveaway presents. Besides, the price of consumer goods are lower than in other shopping centers.

20. Describe your favouriteTV program

My favourite TV program is called Cooking, which is broadcast on Channel Five every Sunday morning. The time it broadcasts is very convenient, coz after watching it, audiences have enough time to imitate the dish they have just learnt from the program, and it's Sunday, people do not need to go to work.

Once, a course named well-done duck with bean sauce was broadcast. After watched it, I was really interested in it and decided to learn to cook the dish at supper. In order to show off my cooking skills, I tried my best to cook the well-done duck with bean sauce. I cut a bean curd into slices, which seemed as thin as human's hair. Then I used flour, eggs, sugar and other ingredients to make the bean sauce. After that, I fried a duck in shallow oil with the bean sauce. Finally, the course was achieved.

After my parents tasted it, they all gave praise to my cooking skills. They said, it looked inviting, smelt refreshing and tasted bitter first, sour later, then a litter salty, and a unique spiciness remained at last.

21. Describe a skill - driving

Nowadays, there are many schools providing learning to drive. And the ads about these schools can be seen everywhere in our campus. All the ads are persuading us to learn driving and enroll in them. Even some of my friends who have already got driving licenses are also persuading me to get one. Seeing they can drive to where they want to go, I decided to learning driving last summer holiday. Besides, I think driving skills, together with computing skills, are the most important skills in the future. And it should be a skill that every college student master. It even should be popularized just as cycling skills.

In addition, I have a great affection for travelling. If I own a driving license and a car, I can travel wherever I want to go. Even in daily life, driving skills play a significant role, coz I needn't to catch the crowned bus or worry about being late. The skills will make my life more convenient, especially in emergency. 22. Describe a leisure activity I was crazy about "the eagle and the chicks" when I was a little kid. It is a traditional Chinese game. Even now, I can see the kids in my community playing it. The reason why it is so popular among kids is that it is funny and easy to play.

The game starts with choosing a kid as the eagle and another the hen, with other kids acting as the chicks of the hen. Then, the eagle tries his best to catch the chicks, while the hen makes every effort to protect his chicks. If a chick was captured by the eagle, the chick would be the eagle in the next new game.

These days, we just play the computers and surf the Internet to enjoy ourselves. But sometimes I really miss the pleasure in my childhood.

23. Describe your favourite sport

My favourite sport is high jump. It is very popular in P.E., and most of my classmates select this course, coz it is good work-out and it can exercise every muscle in my body. To tell you the truth, I started to learn high jump when I was five years old. Coz my parents hoped me grew high, and high jump would help. After I entered into primary school, I became a member of our school's high jump team. And I often practiced high jump with other members after classes. Then when I was twelve, I participated the National High Jump Game, representing my school. Although I failed in the game, my passion for high jump didn't die away.